



Hello Friend! My name is Kyl Myers and I am a PhD-trained sociologist who specializes in gender and sexuality education, specifically in relation to childhood socialization and disrupting the intergenerational transmission of sexism. I'm a genderqueer woman who uses they/them and she/her pronouns. And I'm passionate about public sociology and making academic research accessible and actionable for grown-ups who want to create a more inclusive and equitable world for kids. Let's collaborate!

## EDUCATION

2018 Ph.D., Sociology, University of Utah, United States

2014 M.S., Sociology, University of Utah, United States

2012 B.A., Gender Studies, University of Utah, United States

## INTEREST + EXPERTISE

Gender & Sexuality | Queer Theory | LGBTQIA+ Activism | Gender Creative Parenting  
Equally Shared Parenting | Sexual & Reproductive Health | Social Justice Policy

## BOOK

***Raising Them: Our Adventure in Gender Creative Parenting.***

Topple Books & Little A. Released September 8, 2020

*An enlightening, much-needed resource for parents hoping to raise their children without limitations.*

- Kirkus Starred Review



## RELEVANT POSITIONS HELD

- Nov 2020–present      Freelance Sociologist, specializing in gender and sexuality advising. Clients include Warner Bros., The Pineapple Lounge, KEEN, The Stockist, MEA, Utah Pride Center, and Klarna. Writing appears in TIME magazine, The Conversation, and Mamamia
- May 2019–present      Adjunct Assistant Professor, University of Utah  
Department of Sociology (2019–)  
Department of Obstetrics & Gynecology (2020–)
- Aug 2018–Nov 2020      Assistant Professor, Department of Obstetrics & Gynecology, University of Utah. Co-Principal Investigator, *Family Planning Elevated: A Statewide Contraceptive Initiative in Utah*
- Aug 2017–Jul 2018      Research Associate, Department of Obstetrics & Gynecology, University of Utah, Program Director, *Family Planning Elevated: A Statewide Contraceptive Initiative in Utah*
- Jun 2016–Jul 2017      Project Facilitator, Department of Obstetrics & Gynecology, University of Utah, Program Manager, *The HER Salt Lake Contraceptive Initiative*
- Aug 2012–Jun 2016      Graduate Research & Teaching Assistant, Department of Sociology, University of Utah

## SELECT PUBLICATIONS

- 2021      “It’s a Vicious Cycle”: a mixed-methods study of the role of family planning in housing insecurity for women. L Gawron, KA Panushka, M Millar, JN Sanders, **K Myers**. *Journal of Health Care for the Poor and Underserved* Forthcoming Feb 2022 issue
- 2021      The HER Salt Lake Media Campaign: comparing characteristics and outcomes of clients who make appointments online versus standard scheduling. **K Myers**, JN Sanders, C Dalessandro, CD Sexsmith, DK Turok. *BMC Women’s Health* 21 (1), 1-10

- 2020 The effect of a no-cost contraceptive initiative on method selection by women with housing insecurity. LM Gawron, RG Simmons, JN Sanders, **K Myers**, AV Gundlapalli, et al. *Contraception* 101 (3), 205-209
- 2020 Evaluating a longitudinal cohort of clinics engaging in the Family Planning Elevated Contraceptive Access Program: study protocol for a comparative interrupted time series analysis. RG Simmons, **K Myers**, A Gero, JN Sanders, C Quade, M Mullholand, et al. *JMIR research protocols* 9 (10), e18308
- 2019 Male abortion beneficiaries: exploring the long-term educational and economic associations of abortion among men who report teen pregnancy. BG Everett, **K Myers**, JN Sanders, DK Turok. *Journal of Adolescent Health* 65 (4), 520-526
- 2019 Beyond Intent: Exploring the association of contraceptive choice with questions about Pregnancy Attitudes, Timing, How Important is Pregnancy Prevention (PATH) questions. C Geist, AA Aiken, JN Sanders, BG Everett, **K Myers**, P Cason, RG Simmons, DK Turok. *Contraception* 99 (1), 22-26
- 2019 Predictors of contraceptive switching and discontinuation within the first 6 months of use among Highly Effective Reversible Contraceptive Initiative Salt Lake study participants. RG Simmons, JN Sanders, C Geist, L Gawron, **K Myers**, DK Turok. *American Journal of Obstetrics and Gynecology* 220 (4), 376
- 2018 1 in 3: challenging heteronormative assumptions in family planning health centers. BG Everett, JN Sanders, **K Myers**, C Geist, DK Turok. *Contraception* 98 (4), 270-274
- 2018 Conducting survey research with incarcerated women in a county jail. **K Myers**. *SAGE Research Methods Cases-Sociology*
- 2016 Student-led health education programmes in the waiting room of a free clinic for uninsured patients. A Kamimura, J Tabler, **K Myers**, F Ahmed, G Aguilera, J Ashby. *Health Education Journal* doi:10.1007/s12134-016-0486-9
- 2015 Gender Stratification. C Geist and **K Myers**. *Oxford Bibliographies in Sociology*. J Baxter (Ed.) New York: Oxford University Press
- 2015 Understanding religious variations in sexuality and sexual health. AM Burdette, TD Hill, **K Myers**. *Handbook of the Sociology of Sexualities*. Springer International Publishing

- 2015 Women in Free Clinics: an assessment of health-related quality of life for prevention and health Education. A Kamimura, **K Myers**, J Ashby, HN Trinh, MM Nourian, JJ Reel. *Journal of Community Health* 40 (4), 793-801

Complete Publications List on [Google Scholar](#)

## PUBLICATIONS UNDER REVIEW

- 2021 Jail as a point of contraceptive care access? Needs and preferences among women in an urban jail. **K Myers**, C Dalessandro, C Geist, C Sufrin. Status: Revise and resubmit.

## TEACHING

- 2020 Instructor, *Gender and Sexuality*. Department of Sociology (cross listed with Gender Studies), University of Utah. In-person course ~70 students. Went online in March due to covid-19
- 2015 Instructor, *Criminology*. Department of Sociology, University of Utah. In-person course with ~70 students
- 2014-2015 Instructor, *Gender and Sexuality*. Department of Sociology (cross listed with Gender Studies), University of Utah. In-person, Online and Hybrid courses ~100 students  
♦ Won Graduate Student Teaching Award
- 2014 Instructor, *Women's Health*. Maliheh Free Clinic, Salt Lake City, Utah
- 2014 Instructor, *Diversity Internship*. Department of Sociology, University of Utah  
Supervised students' community-engaged learning internships with local organizations
- 2011-2014 Lead Instructor, *Sexual Health*. Salt Lake County Jail, Salt Lake City, Utah  
♦ Won Volunteer of the Year Award

## SELECT ACADEMIC CONFERENCES

- 2019 Presenter. "Using lessons learned from a county-level contraceptive initiative to expand access statewide." *American Public Health Association*. Philadelphia, Pennsylvania.

- 2017 Presenter. “You’re an American. You’re a Woman. You Have Rights” Examining motherhood and reproduction in jail.” *American Society of Criminology*. Philadelphia, Pennsylvania.
- 2017 Presenter, with J Sanders. “Community Engagement: Seeking durable solutions for improving contraceptive care in challenging environments.” *North American Forum on Family Planning*. Atlanta, Georgia
- 2016 Presenter. “Contraceptive needs and preferences among incarcerated women.” *American Sociological Association*. Seattle, Washington
- 2015 Presenter, with C Geist. “Why Wait? Gender, Race, and Class as predictors of teens’ attitudes Toward pregnancy.” *Population Association of America*. San Diego, California  
◆ Poster Session Winner: Poster Session 3: Fertility Intentions and Behaviors
- 2014 Presenter, with C Kilpack. “Feminists for Hire: The role of college advising in criminal justice employment.” *American Society of Criminology*. San Francisco, California
- 2014 Presenter. “For the Love of Children? Male and female teenagers’ attitudes toward pregnancy and children.” *Pacific Sociological Association*. Portland, Oregon
- 2014 Presenter, with Liana Prudencio. “Teenage Pregnancy: Read All About It! A longitudinal analysis of the New York Times’ narratives.” *Pacific Sociological Association*. Portland, Oregon

## SELECT INVITED PRESENTATIONS & LECTURES

- 2021 Keynote Speaker, “Gender Creative Education: Building an inclusive and equitable learning community.” *Pride, Not Prejudice Conference* hosted by the Utah Pride Center.
- 2019 Presenter. “Expanding contraceptive access in Utah through the HER Salt Lake and Family Planning Elevated Initiatives.” *National Family Planning and Reproductive Health Association Seasonal Meeting*. Dallas, Texas
- 2019 Speaker. “Gender Creative Parenting.” *Affirmative Therapist Guild Meeting*. Salt Lake City, Utah.
- 2019 Panelist. “Let’s talk.” *A Panel for Parents to Learn and Talk about Gender, Bullying, and Pornography*. Hosted by Planned Parenthood Association of Utah. Salt Lake City, Utah.

- 2019      Presenter. "Accessing sexual and reproductive health services." *Campus Contraceptive Initiative Symposium*. University of Utah.
- 2019      Keynote Speaker. "Understanding and overcoming unconscious bias." *MEA Executive Summit and Board Meeting*. Austin, Texas.
- 2018      Keynote Speaker. "Hypothetical abortion." *Taboo Talks*. Westminster College, Salt Lake City, Utah
- 2017      Guest Lecturer. "Examining childhood gender inequalities." *Sociology of Gender & Sexuality* course at the University of Utah.
- 2016      Guest Lecturer. "Sex, gender and crime." *Criminal Penalties* course, S.J. Quinney Law School, University of Utah
- 2016      Presenter, with BC Frost. "Designing gender | The Art of Equality." Salt Lake Design Week
- 2015      Guest Lecturer. "Gender and reproductive politics." *Gender and Social Change* course, University of Utah
- 2015      Panelist. "Through a teen's eyes: Developing healthy body image, gender identity, sexuality and behavior." *Parent Education Night*. Salt Lake Arts Academy. Salt Lake City, Utah
- 2015      Panelist. "White Feminism: Recognizing your complicity and moving forward." *Feminism is for Everybody: A Conference on Intersectionality*. Salt Lake City, Utah
- 2015      Presenter. "Introduction to citizen lobbying." *Planned Parenthood Association of Utah Citizen Lobbyist Orientation*. Salt Lake City, Utah
- 2015      Presenter. "Utilizing tools to improve your online teaching experience." *Professional Development Forum*. University of Utah.

## POLICY INVOLVEMENT

### 2021 Utah State Legislative Session.

- House Bill 102 “Contraceptives for Inmates”
  - This legislation would make contraceptive methods available to people who are experiencing incarceration. The bill was introduced in the 2020 session because of my dissertation research on the topic. I provided research briefs for the sponsoring legislator and provided expert testimony in support of the bill in 2020. The bill did not pass in 2020, due to fiscal note concerns but was reintroduced in 2021, passed, and has been signed into law by the Governor.
  
- Senate Bill 128 “Family Planning Services Amendments”
  - This bill would expand contraceptive access for low-income Utahns. I was part of the expert team that provided data and legislator education about contraception as essential health care that resulted in the passage of House Bill 12 in 2018. SB 128 would increase eligibility to people with incomes to 250% the Federal Poverty Level. It did not pass and will be reintroduced in the 2022 session.

## SELECT ESSAYS

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| 2021 | The Conversation. “5 ways parents can help kids avoid gender stereotypes.” <a href="#">Link</a>                                    |
| 2021 | Mamamia. “Why I decided to raise my child without an assigned gender.” <a href="#">Link</a>  |
| 2020 | TIME Magazine. “I let my child create their own gender identity. The experience has been a gift for us both.” <a href="#">Link</a> |
| 2016 | Rewire. “What effects can free contraception have on people’s lives? This Utah program aims to find out.” <a href="#">Link</a>     |
| 2015 | Rewire. “Improving reproductive healthcare for women in jail is not an impossible task.” <a href="#">Link</a>                      |

## GRANTS & FELLOWSHIPS

- 2018-2020     **Project: Family Planning Elevated: A Statewide Contraceptive Initiative in Utah.**  
Arnold Ventures (\$4,000,000)  
An Anonymous Foundation (\$2,500,000)  
Ezekiel R. and Edna Wattis Dumke Foundation (\$1,000,000)  
Pharmaceutical in-kind device donations (valued \$1,000,000)
- 2018             Utah Community Grants Program, March of Dimes (\$8,000)
- 2017             Pay for Success Social Innovation Fund Grant, Sorenson Impact Center (\$99,274)

## AWARDS

- 2015             Poster Session Winner. K Myers and C Geist. "Why Wait? Gender, race, and class as predictors of teens' attitudes toward pregnancy." Poster Session 3: Fertility Intentions and Behaviors, *Population Association of America*. San Diego, California
- 2015             Graduate Student Teaching Award. Department of Sociology, University of Utah
- 2014             Hearts and Hands Award, Planned Parenthood Association of Utah's Volunteer of the Year. *Utah Philanthropy Day*

## PROFESSIONAL & DEPARTMENTAL SERVICE

- 2019-2020     Co-Chair, Diversity and Advocacy Taskforce, Department of Obstetrics and Gynecology, University of Utah.
- 2018-2020     Faculty Mentor, Campus Contraceptive Initiative, University of Utah.
- 2014             Member, Pride Week Planning Committee, University of Utah.



## PUBLIC SOCIOLOGY

### TEDx TALK

["Want Gender Equality? Let's Get Creative."](#)

### BLOG

[RaisingZoomer.com](#)

### YOUTUBE

[Dr. Kyl Myers](#)

### INSTAGRAM

[@raisingzoomer](#)

[@drkylmyers](#)

## COMMUNITY INVOLVEMENT

- |           |  |
|-----------|--|
| 2016-2019 | Founder, "Gender Creative Playgroups." Hosted and facilitated dozens of playgroups for gender diverse children and caregivers.                 |
| 2013-2016 | Prisoner Representative and Committee Member, Institutional Review Board. Intermountain Healthcare Urban Central Region, Salt Lake City, Utah. |
| 2014-2015 | Community Engagement Coordinator, Planned Parenthood Association of Utah.  |
| 2010-2014 | Volunteer Community Educator, Planned Parenthood Association of Utah.  |
| 2009-2010 | Night Manager, DOVE Center, Domestic Violence Shelter, St. George, Utah.   |
| 2008      | Staff Back-Up and Hospital Response Team Member, Riverside Area Rape Crisis Center, Riverside, California.                                     |

References available upon request